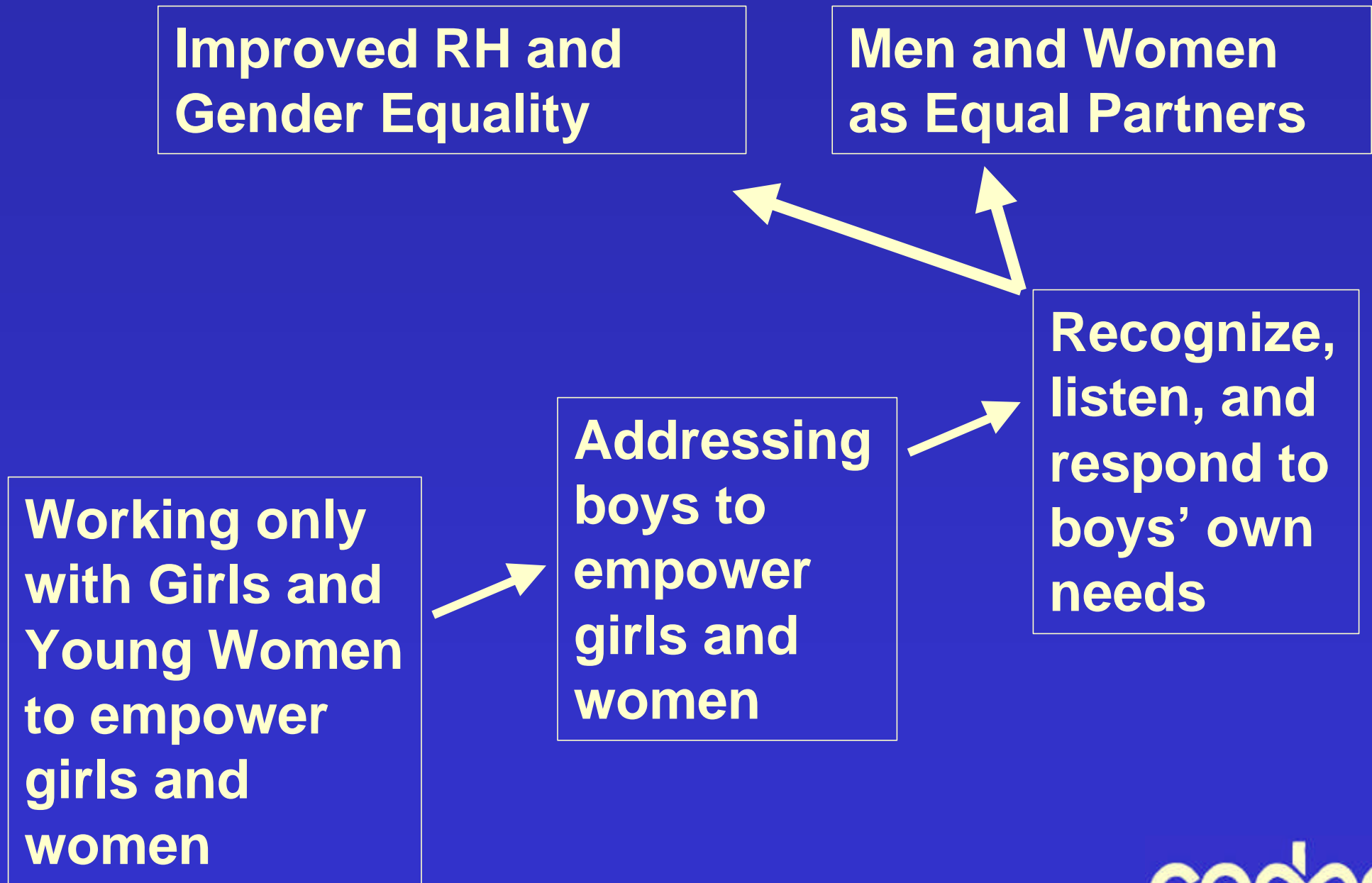


THE CEDPA MISSION



CEDPA's mission is to empower women at all levels of society to be full partners in development.

From Girls' Empowerment to Gender

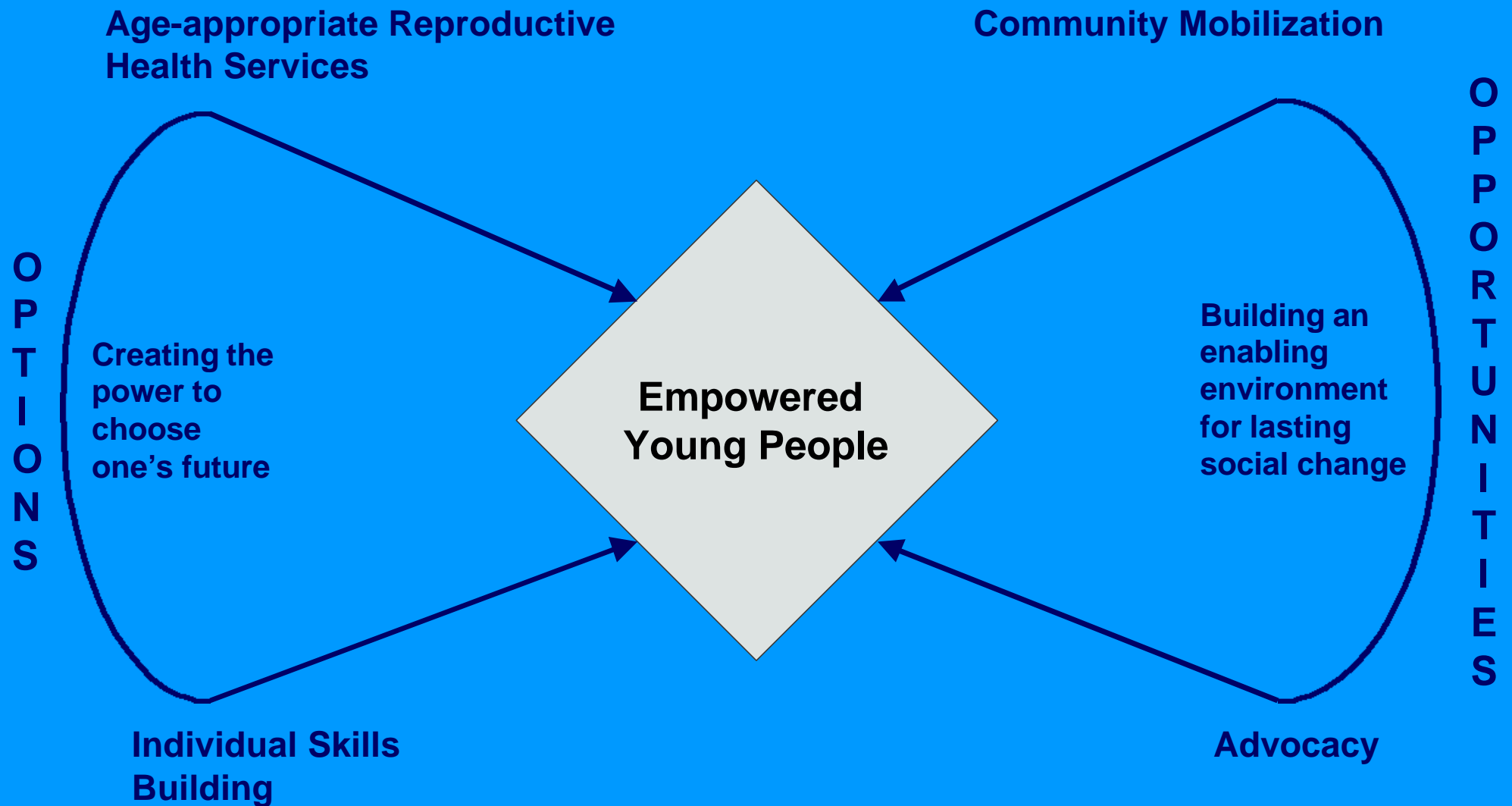


CEDPA/India's Better Life Options Program



CEDPA/Egypt's New Horizons Program

Better *L*ife *O*ptions and *O*pportunities *M*odel



Translations

Elige un Futuro Mejor!
(Mexico & Guatemala)

Choisir Un Avenir!
(Mali)

Adaptations

New Horizons for
Girls (Egypt)

Choose a Future!

Issues and Options for Adolescent

Girls and Boys

New Horizons for Boys
(Egypt)

Choose a Future! for Boys
(India)

Choose a Future! for Girls
(Nepal)

Choose a Future! for Girls
(India)

The Dawn
(Nigeria)

CEDPA/Egypt's New Horizons for Girls: Manual Content

- **Girl's identity, rights & responsibilities**
- **Health, nutrition & first aid**
- **Child development**
- **Environment**
- **Small projects**
- **Adolescence**
- **Violence against women**
- **Preparation for marriage**
- **Childbirth**
- **Family planning**
- **Sexually transmitted diseases**



CEDPA/India's Choose a Future! for Boys: Manual Content

- Life goals and plans
- Gender relations
- Peer and family relationships
- Marriage and fatherhood
- Puberty, health and reproductive health
- Education and work
- Resolving conflict and avoiding violence
- Community and civic involvement
- Listening, negotiating and communication skills



India BLP for Boys: Preliminary Findings from FGDs with Married Youth

- **Reduction and increased control of anger. More willing to understand, resolve conflict through discussion**
- **Increased involvement in household and domestic chores**
- **Increased joint decision-making on RH issues - number of children, spacing, family planning methods.**
- **Increased knowledge on family planning methods and child spacing**
- **Increased knowledge of women's anatomy and health concerns, child care and safe motherhood**

Strategies for Scaling Up

✓ Participatory Program Development Approach

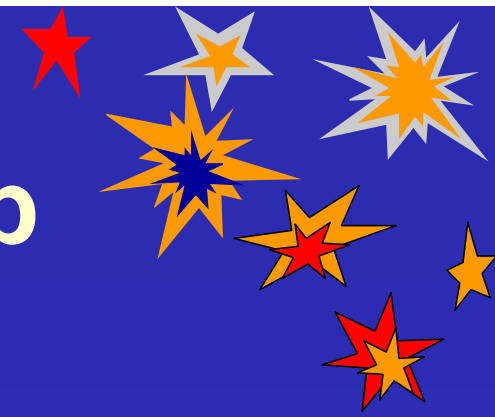
- Stakeholder involvement
- Local ownership and commitment
- Creating economies of scale

✓ Franchising through Networks

- Demand driven
- Sustainable



Next Steps for Scaling Up



- **Develop a package for scaling up by further documenting and learning from experiences in India and Egypt.**
- **Evaluate the Boys' programs in India and Egypt.**
- **Use the ongoing evaluation of the New Horizons program for girls to identify the most effective combination of program interventions.**