

- 1 DMPA Scenario**
You had a heart attack a year ago that you saw a doctor for.
- 2 DMPA Scenario**
You are a 42-year-old woman and are healthy. Three years ago you had surgery to remove an abnormal breast lump, which was confirmed to be cancer.
- 3 DMPA Scenario**
You are currently seeing a doctor for a liver problem because you had noticed that your eyes had become yellow. (You have active viral hepatitis.)
- 4 DMPA Scenario**
A provider told you that you have high blood sugar.
- 5 DMPA Scenario**
You were told you had high blood pressure when you went to the clinic two years ago.
- 6 DMPA Scenario**
You have been experiencing light vaginal bleeding/spotting at different times throughout the month for about two months. You never had this happen before.
- 7 DMPA Scenario**
You had a baby two weeks ago and are breastfeeding.
- 8 DMPA Scenario**
You are a healthy woman who started your menses five days ago.
- 9 DMPA Scenario**
You are a healthy woman who answers “NO” to all the checklist questions.
- 10 DMPA Scenario**
You are a 37-year-old woman with four children and are requesting DMPA. Your doctor told you on two occasions that you had an elevated blood pressure (140/85 Hg) but that you don’t need to take any medication yet to control it. (If the provider wants to take your blood pressure, tell them that it is 140/85 Hg.) Your husband has been away from home for the past two weeks and you haven’t had sex since your last menstrual period.

11 DMPA Scenario

You are a 28-year-old woman with three children. You and your husband consider your family complete (you do not want any more children) and would like to use an effective contraceptive method. After a counseling session, you decided that you want to initiate DMPA. You are healthy, but for the past two months you have noticed light bleeding/spotting every time you've had intercourse. You meant to go to the doctor, but hadn't gotten around to it yet.

12 DMPA Scenario

You are a 31-year-old woman who gave birth seven weeks ago and want to prevent another pregnancy by using DMPA as your method of choice. You are breastfeeding your baby, but sometimes you have to be away from home for work. When that happens, your mother-in-law gives the baby formula. Your husband uses a condom every time you have sex.

13 DMPA Scenario

You were just diagnosed with a blood clot in your leg and are currently being treated for it.

14 DMPA Scenario

You are a 26-year-old woman planning to initiate DMPA as your method of choice. You are healthy; the only time you had a health problem was during your last pregnancy when a doctor registered elevated blood pressure. However, your blood pressure returned to normal after delivery. Among other things:

You are in the middle of your menstrual cycle,
Your youngest baby is one year old,
You and your husband have intercourse at least twice a week,
You have never had a spontaneous or induced abortion,
You are trying to use the calendar method for family planning, but are having trouble calculating safe days.